



😊 Easy

✓ Cooked/Cuits



✓ Raw/Crus



😊 Moderate

✓ Cooked/Cuits



✓ Raw/Crus

⚠️ Difficult

✓ Cooked/Cuits



✗ Raw/Crus



Particularly hard or firm-textured foods (e.g. carrots) should be cooked before use.

Do not press the pusher down too hard or you will damage the accessory.

For best results, peel all fruit and vegetables before use.